

In this E-Book you will find:

A Poem for Crafters

Craft Medium for Handmade Items

What are primitive "fixins?"

My favorite staining and rusting recipes

My copyright and terms of use

Quick Make Small Projects Section:

Prim Waxed and Scented Vintage Spools

Simply Sweet Daisy Stitchery

Tiny Heart of an Angel Basket

Mini Shabby Yo-Yo Flowers

Mini StarLight Pillow

Waxed Dipped Toilet Paper

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Lillie Mae's Crafts This 'n' That E-Book 2



**By Brenda Greenwalt
of Lillie Mae's Crafts**

Lillie Mae's Crafts

This 'n' That E-Book #2

Prim Crafting Tips & Tricks and Quick-Make Small Projects

In this E-Book you will find:

A Poem for Crafters.

Craft Mediums for Homemade Items.

Fixins; what are fixins? Includes a recipe.

Staining and Rusting Recipes and Instructions

My favorite staining & rusting recipes included here for your convenience

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Quick Make Small Projects Section:

1. Prim Waxed & Scented Vintage Spools
2. Simply Sweet Daisy Stitchery
3. Tiny Heart of an Angel Basket
4. Mini Shabby Yo-Yo Flowers
5. Mini Starlight Pillow
6. Waxed Dipped Toilet Paper

A Poem for Crafters

Crafts are here, crafts are there.
My craft supplies are everywhere.
I really should clean this mess,
But I like it, I must confess.
Floor is littered, chairs are piled,
Kitchen's looking pretty wild.
On the table counter too,
Seems that any place will do.
Hall is stacked with cartons high,
Filled with things folks like to buy.
Garage is full, but so far ...
There's still room to park the car.
I never have an idle day,
New ideas come my way.
Don't know yet what I'll create,
But at least my imagination's great.
My family smiles, they don't complain,
Although at times I am a pain.
But when all is said and done,
I really am a crafty one!

Author Unknown

Staining and Rusting Recipes

I have listed here, for your convenience, my favorite staining and rusting recipes. However, if you have your own that you prefer to use, please feel free to do so. You may need these recipes for the following projects and patterns.

Staining Recipe and Instructions

Supplies Needed:

Instant coffee, vanilla extract, fragrance oil (optional, Cinnabun is one of my favorites), old cookie sheet, small spray bottle or sponge brush, funnel (if using a spray bottle).

Instructions:

#1. Mix together in glass jar with lid - 1/4 cup instant coffee, 2 cups hot water, and 1/4 cup vanilla extract.

#2. Add fragrance oil to your taste. (Tip: You may want to add just a little at first and add more if you desire. If you add too much to begin with, it may be stronger than you prefer.)

#3. Lay the item(s) you are staining on cookie sheet. Spray front and back thoroughly with stain mixture or apply with sponge brush. Be sure item(s) is completely covered with stain mixture.

#4. Bake in oven at 200 degrees for 10 minutes. If you need to bake longer, only bake at 5 minute increments.

NEVER LEAVE THIS UNATTENDED. THIS CAN CATCH ON FIRE. KEEP CHILDREN AND PETS AWAY. WATCH CLOSELY.

Rusting Recipe and Instructions

(Do outside or in a well-ventilated area)

Supplies Needed:

White vinegar, peroxide, salt, large plastic container, paper towels

Instructions:

Combine 2 cups white vinegar, 1/4 cup peroxide and 2 tablespoons salt in a large plastic container; soak for 4 hours. Remove to paper towels, spritz with peroxide and spread salt on them. Let sit for another 2 hours. NOTE: This recipe calls for a large container as this recipe foams up pretty quickly.

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Craft Mediums for Handmade Items

I love experimenting with everything. While rummaging through my workshop one day, looking for something to act as trim for a pillow, I came across some very thick rope; I loved the texture. I quickly stained the rope and threw it in the dryer. I was very pleased with the color it turned and so I did end up using this for the trim on a new pillow (as well as on the basket below).

If it's in my house, you can bet I've stained it, painted it, grubbied it, sewn it, glued it, etc., and tried using it in at least one of my craft projects. Some have worked out, others....well, were horrible. I have included here some pictures of those that did work out. You can call this recycling, being extremely cheap (lol), or just very imaginative and creative...which one do you think I prefer, lol.



This is my Shabby Chic Wall Flower Basket. I covered a wall basket with a bed skirt found at a local thrift store. I stained it, and it came a lovely color. I made sure to "turn down" the top so that the bottom trim of the bed skirt would show as I just loved it. The rope around the top of this basket is the very rope I mentioned in the paragraph above.



Patterns "Canned Goods Night Light" and Shabby Chic Can of Flower Bells" were both made from tin cans and covered with the same bed skirt, as above.



Betty Easter Bunny was made from a one liter plastic soda pop bottle.



"Candy Cane" and "Santa's Good Girl" both have white macramé cord for hair, but the latter was coffee stained and baked for a different look.



Trick or Treat Witch and Ima Good Witch both have light orange macramé cord for their hair.



Primitive Grungy SnowLady was made from an old chenille bedspread.

My shabby tulips were created from an old chenille bathrobe I found, and the "pocket" is an antique table runner found at a thrift store. It has embroidered tulips on it so what better to fill the pocket with but my shabby tulips. Perfect!

Primitive "Fixins"

I'll have a steak with all the "fixins." What are "fixins" in the prim world?" Dictionary.com defines "fixins" as the necessary ingredients; the appropriate accompaniments; trimmings. So it is with prim fixins. Anything that is necessary and appropriate is added to the ingredients.

Used as bowl fillers, "fixins". or potpourri, may include just about anything including dried flowers, leaves, cinnamon sticks, and dried berries. These ingredients are then all mixed together for a primitive aroma. A fragrance oil may then be added.

How to Make Prim Fixins

Many people like to mix dried flowers, leaves, cinnamon sticks and dried berries with small aromatic dough shapes. Spices are mixed within the dough to create a country primitive aroma and to add a natural and aged color. Prim fixin dough is easy to make and is a very relaxing activity.

Things You'll Need:

1/2 cup applesauce
3/4 cup ground cinnamon
Measuring cups
Mixing bowl
Mixing spoon
Wax paper
Rolling pin
Miniature cookie cutters
Cookie sheet
2-1/4 cups flour
1/2 cup salt
3/4 cup cold coffee
Ground cloves
Ground nutmeg

Cinnamon Dough Prim Fixins

#1. Mix 1/2 cup applesauce and 1/2 cup of ground cinnamon in a mixing bowl. When mixture becomes dough, use your hands to continue to knead and mix the dough. Form into a ball.

#2. Place wax paper on your work surface. Place the ball of cinnamon dough in the center of the paper. Cover the ball with another sheet of wax paper. Press the ball down slightly. Use a rolling pin to flatten the dough to 1/4-inch thick or your desired thickness. This dough will not rise or puff up, so its thickness when wet will be its thickness when dry.

#3. Cut the dough using miniature cookie cutter shapes. Place the cut shapes on a wax paper-lined cookie sheet. Allow the fixins to dry for several days. The thicker the shapes, the longer it will take.

Salt Dough Prim Fixins

#1. Mix 2-1/4 cups flour and a 1/2 cup of salt in a mixing bowl. Add 3/4 cup of cold coffee. When the mixture becomes dough, use your hands to continue to knead and mix the dough. Form into a ball. If the dough is too wet, add more flour and if it is too dry, add more coffee.

#2. Place a small amount of flour on your work surface and rub flour on a rolling pin. Place the dough in the flour. Roll the dough to 1/4-inch thick or your desired thickness.

#3. Cut the dough using miniature cookie cutters. Place the cut shapes on a cookie sheet with a 1-inch space in between them. Bake the shapes in a 300 degree oven for 20 to 30 minutes. The time will vary depending on the size and thickness of the shapes.

#4. Allow the fixins to cool. Sprinkle the shapes with ground cinnamon, cloves and nutmeg. Rub the spices into the hardened primitive fixins.

You can find more primitive "fixin" recipes here:

[Hedgewitch Inn](#)

[North Wind Star Primitives](#)

Prim Waxed & Scented Vintage Spools



I absolutely love the look of these. You can display them in so many different ways, baskets, tins, mason jars, baskets, wooden bowls, etc. And...they smell so wonderful.

Supplies Needed:

Vintage wooden thread spools
Scraps of various material
Wax
Something to melt wax in (double boiler, crock pot, electric cooker, rice cooker, etc.)
Old cookie sheet
Wax paper
Fragrance of your choice
Brown crayons
Tongs
Old towels

Preparing Spools:

1. I remove all the thread off of the spool. I've never tried to leave the thread on, but if you wish you could try just leaving the thread on the spool and tying the material on over the thread. It's strictly up to you, but I myself remove the thread. If the spool still has the labels on them, I leave them on. This is strictly a preference decision. If this bothers you, you could remove the labels with "Goo Be Gone."
2. Stain your material with the recipe and instructions given at the beginning of this E-Book.
3. Tear the material; don't cut. I will usually just put the spool on top of the material I have chosen to use, just to get an idea of how wide I need to tear, make a small slit in the right place and tear off a strip at the proper width; tear off another narrow strip (for tying).
4. Wrap the material around the spool. This is to mimic thread. You don't need much, but the material will also soak up the scent of the wax. Place the narrow strip around this and tie tightly being sure that you are leaving enough tail to enable you to hold the spool in the wax.

Waxing:

1. Put your wax in your cooker (or whatever melting device you have chosen to use).
2. While your wax is melting, prepare your cookie sheet by lining it with wax paper.
3. When wax has melted, add your brown crayons. Depending on how much wax you have chosen to melt, add one brown crayon at a time. This will not color your items brown, but add to the prim charm with just a slight amount of color...but very pretty. To get an idea of the color, drip a bit of wax on wax paper. If you want more brown, add more crayons.
4. Add your scent.
5. Stir. Be sure everything is melted before you start dunking your spools.
6. Dunk your spools into the wax and hold down in the wax with your tongs for a few seconds. Pick up and allow to drip. I will even shake the spools to get as much of the excess wax off as possible.
7. Lay on wax paper.

Finishing:

1. When spools are done, check them for any white excess wax. If you find any, here's what you need to do. With your fingernails, scrape off as much of the excess (white) wax as possible. Rub the spool with the towel in that spot; this will help rub and melt the wax into the material. If you still feel it looks "white" scrape off a little more wax with your fingernails and rub a couple more times with your old towels.
2. Trim tails.

TIPS: For a different look, you could try painting the spools, perhaps even different coordinating colors. Match the paint, or coordinate the paint, with whatever material you decide to use. During holidays, try sprinkling your spools, right after waxing them, with mica or glitter.



Simply Sweet Daisy Stitchery



Supplies Needed:

Wooden frame 5 x 7
Burgundy Rose acrylic paint
Excelsior
Embroidery floss: Brown, yellow, red, green.
Scraps material: Muslin and yellow print for center of flower
Staining ingredients given at beginning of this E-Book
Hot glue gun and glue sticks
Colored pencils: Yellow, red, and brown
Stuffing
Quilt batting
Sandpaper
Mechanical pencil

NOTE: Stain all material before beginning with the recipe and instructions given at the beginning of this E-Book.

Frame:

1. Paint frame with burgundy rose acrylic paint; let dry. Apply a second coat and let dry.
2. When completely dry, sand lightly.

Embroidered Picture:

1. Print and cut out "muslin pattern." Trace on doubled muslin and cut out.
2. Print out embroidery pattern; tape either to light box or sunny window. On top of this, lay just one layer of the muslin and trace pattern with mechanical pencil onto the muslin.
3. Put the second layer of muslin underneath the first and pin with straight pins. Looking at the picture, embroider with a backstitch in appropriate colored embroidery floss.
4. Color in daisies with yellow, center of daisies with brown, and roses with red.

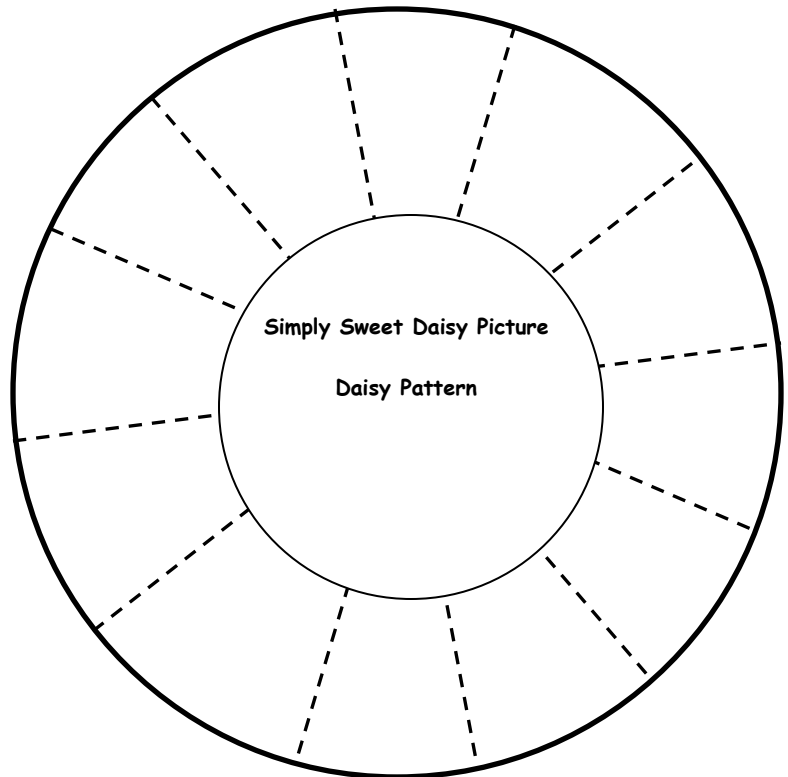
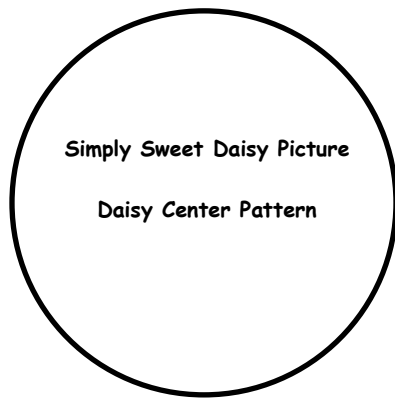
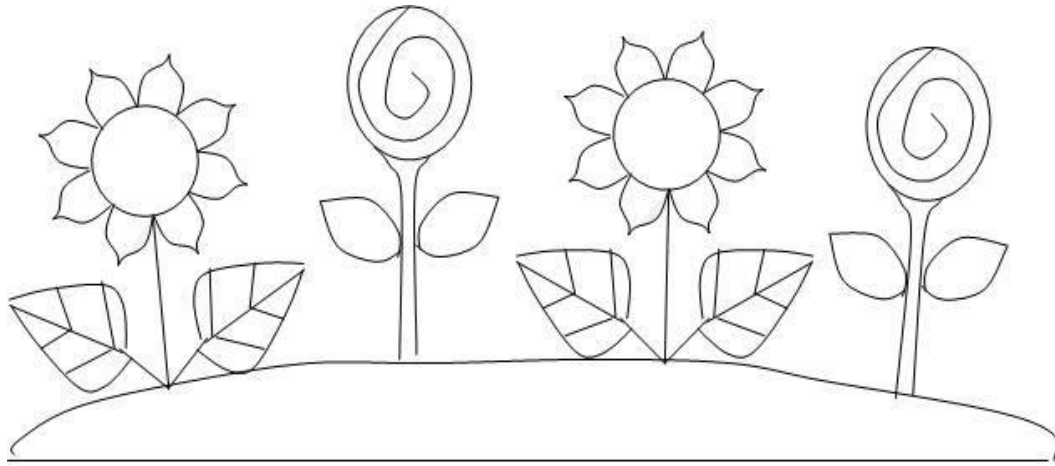
Daisy:

1. Print and cut out daisy and daisy center patterns.
2. Trace daisy pattern on 6 layers of scrap muslin; cut out. Keep this stacked on top of each other.
3. Trace daisy center on double layer yellow material; do NOT cut out.
4. Cut this out about 1/4 inch away from sewn lines. Cut a small slit in the center of the back for turning.
5. Turn and press.
6. Stuff daisy and sew opening closed.
7. With your mechanical pencil, lightly mark the center of the stack of daisy patterns you cut out.
8. Lay your daisy here and, with matching yellow embroidery floss and a running stitch, sew the daisy center to the muslin daisies. Cut slits in the daisy all around about 1/2 inch apart for petals.
9. With your fingernails, scrape along the edges of the "petals" to fray them out.

Finishing:

1. Take the back of the picture frame off and trace this on double layer quilt batting; cut out. Glue this to front of back.
2. On top of this, center and glue embroidered picture turning the ends under (as if wrapping a gift) and glue to back of picture frame.
3. Glue picture in frame.
4. Glue daisy to top of frame, right side.
5. Glue excelsior to bottom of picture to look like grass.

Simply Sweet



Tiny Heart of an Angel Basket

(approximately 9 inches tall with greenery)



Supplies Needed:

Small basket (one pictured measures about 4 inches across top and 3 inches deep)

Material: Scraps of white, 2 contrasting red prints, one white with red print, and muslin

Stuffing

Cheesecloth

Piece of lace 3 x 3 inches

Small piece of greenery

Floral foam

Wire 20 gauge

One small rusty bell

Small white candle

Hot glue gun and glue sticks

Spanish moss

Small piece of twine

NOTE: Stain all material, lace, and cheesecloth before beginning with recipe and instructions given at the beginning of this E-Book.

Stars:

1. Print & cut out both star patterns. Trace on double material; do NOT cut out. Sew on traced lines; do NOT leave an opening. Cut both out about 1/4 inch away from sewn lines.
2. On center back, cut a small opening for turning. Clip curves and turn.
3. Stuff firmly.
4. Cut a 4 pieces of wire about 3 inches long. Twist 2 together for each star. Glue these to the back of the stars, inside the opening and pull the material around the opening up and over the wire; glue.
5. Sew a rusty bell to center of large star.
6. Cut a small piece of stained muslin, tie in a bow, and glue to front of small star.

Hearts:

1. Print & cut out heart pattern. Trace on double material; do NOT cut out. Sew on traced lines; do NOT leave an opening. Cut both out about 1/4 inch away from sewn lines. (Make 2.)
2. On center back, cut a small opening for turning. Clip curves and turn.
3. Stuff firmly.
4. Cut a 4 pieces of wire about 3 inches long. Twist 2 together for each star. Glue these to the back of the stars, inside the opening and pull the material around the opening up and over the wire; glue.

Angel:

1. Print & cut out angel pattern. Trace pattern on single layer muslin and cut out. Trace pattern on white (or lace if you prefer) and cut out.

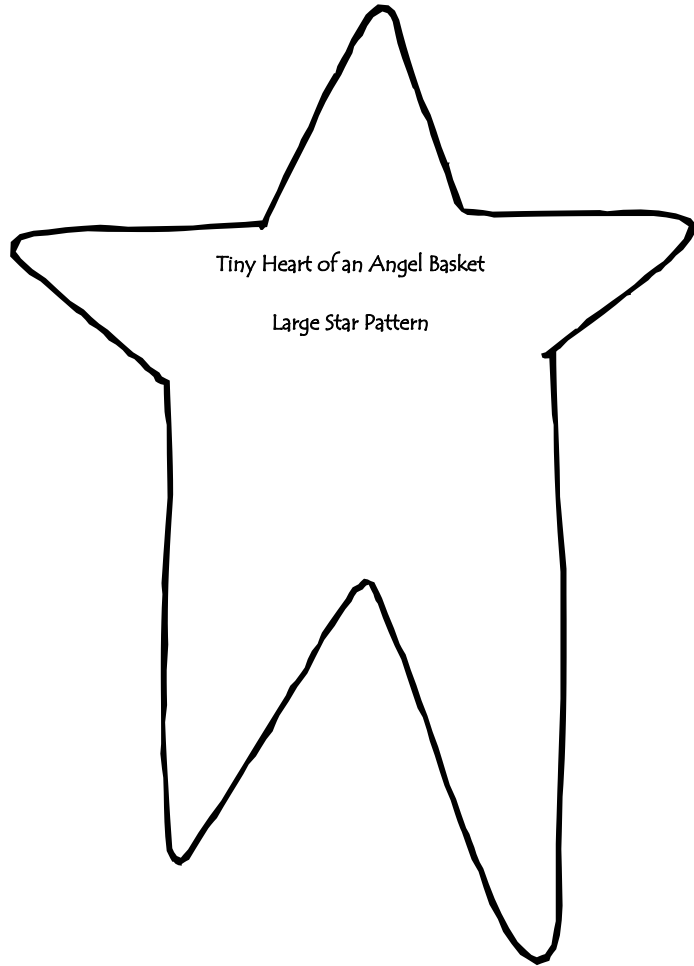
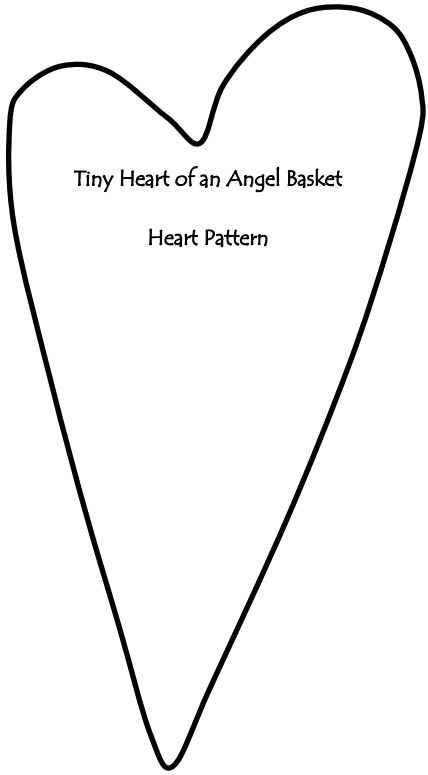
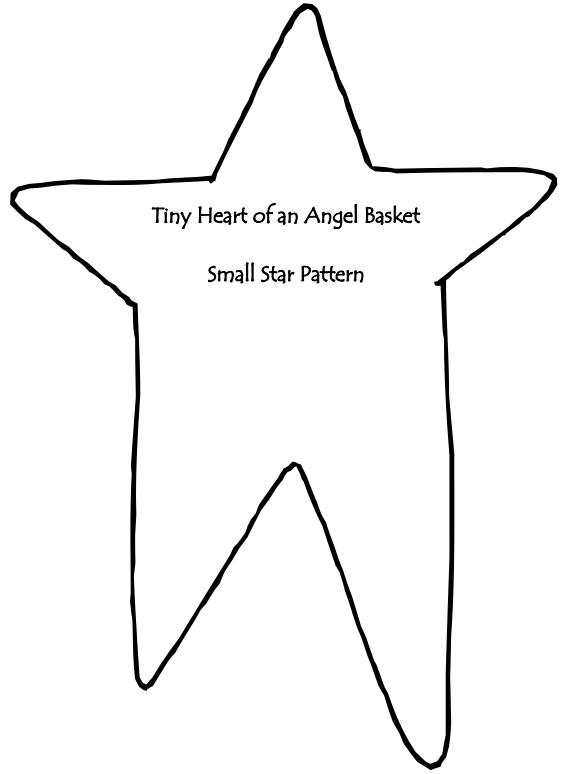
2. Lay out piece of muslin and locate center; place a small ball of stuffing here, fold material down over this and tie underneath this with a piece of twine (this is her head).
3. Glue piece of white material (or lace) over this.
4. Cut a small piece of stained cheesecloth out and glue over head to resemble hair.
5. Cut 2 pieces of wire, as above, twist together and glue to her back.

Finishing:

1. Place floral foam on bottom of basket; top with Spanish moss.
2. Arrange in back the greenery.
3. With the wire you glue to the backs, arrange the stars, hearts and angel as you prefer; glue.
4. With scissors gouge into the floral foam in center of basket and work the small candle down into this; glue.
5. Measure width of basket and cut a narrow piece of stained cheesecloth; cut out. Glue all around to top of basket.
6. Print and cut out basket bow pattern; trace on single layer material and cut out. Fashion into a bow and glue to front of basket.



Tiny Heart of an Angel Basket
Angel Pattern



Basket Bow Pattern



Mini Shabby Yo-Yo Flowers

(approximately 8 inches tall in container with dried flowers.)



Supplies Needed:

Material; three contrasting material scraps,
scrap of muslin

Hot glue gun and glue sticks

Green floral stems

Floral foam

Spanish moss

Small dried flowers

6 white pearl shank buttons 3/8

For Staining:

Instant coffee, vanilla extract,
fragrance oil (optional)

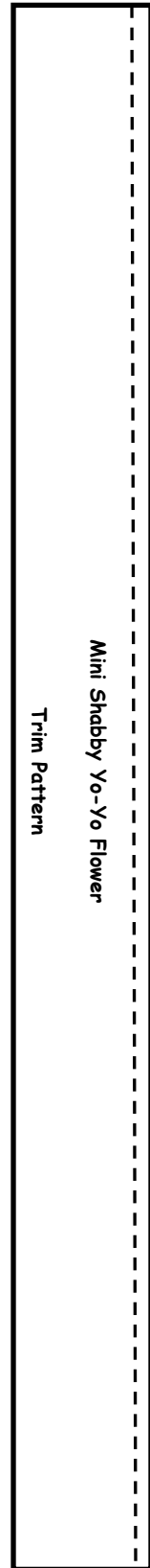
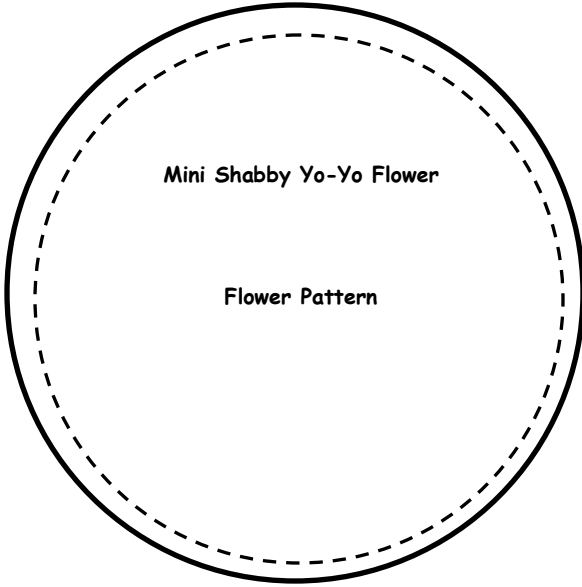
NOTE: Stain all material before beginning with recipe and instructions given at the beginning of this E-Book.

Directions:

1. Print & cut out flower and trim patterns. Trace flower on single layer material; cut out. Trace trim pattern on single layer muslin; cut out.
2. You can do this either with machine or by hand; sew a gathering stitch around the entire outside of flower. Pull to gather and secure with a few stitches.
3. You can do this either with machine or by hand; sew a gathering stitch along the entire length of the trim on the outside (see pattern). Pull to gather until it is the size of illustration #1.
4. Tack the trim to the back of the flower with a few stitches.
5. Sew a white pearl shank button to center.
6. Cut 2 pieces of green floral stems each 4 inches long; twist together and glue to back of flower.

Finishing:

1. Cut floral foam and insert into container.
2. Place Spanish moss on top of floral foam.
3. Arrange flowers.
4. Arrange small dried flowers.



Mini StarLight Pillow

(approximately 8 inches tall.)



Supplies Needed:

Material for pillow
Scraps vintage chenille
Large rusty bell

For Staining:

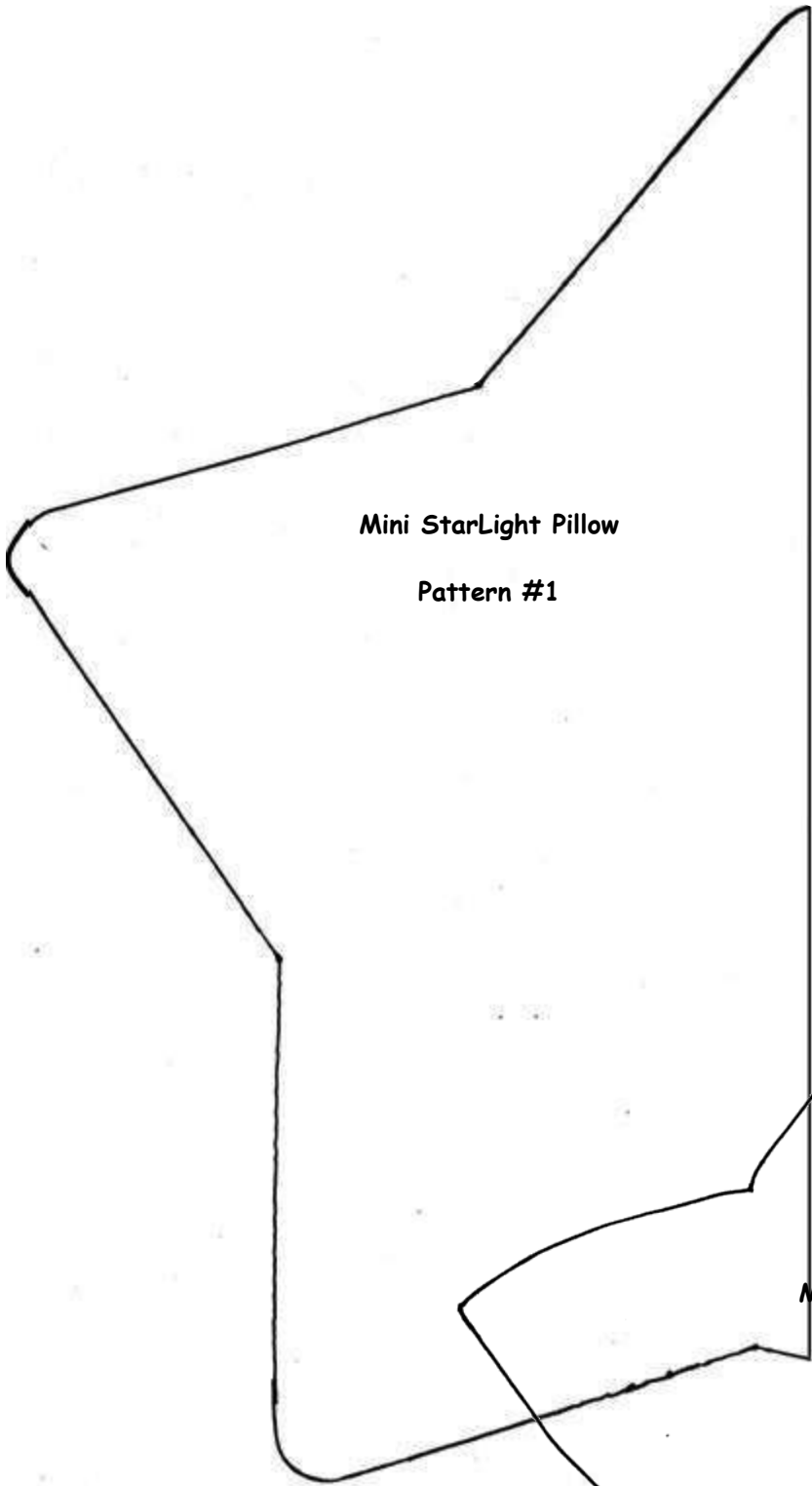
Instant coffee, vanilla extract,
fragrance oil (optional)

NOTE: Stain all material before beginning with recipe and instructions given at the beginning of this E-Book.

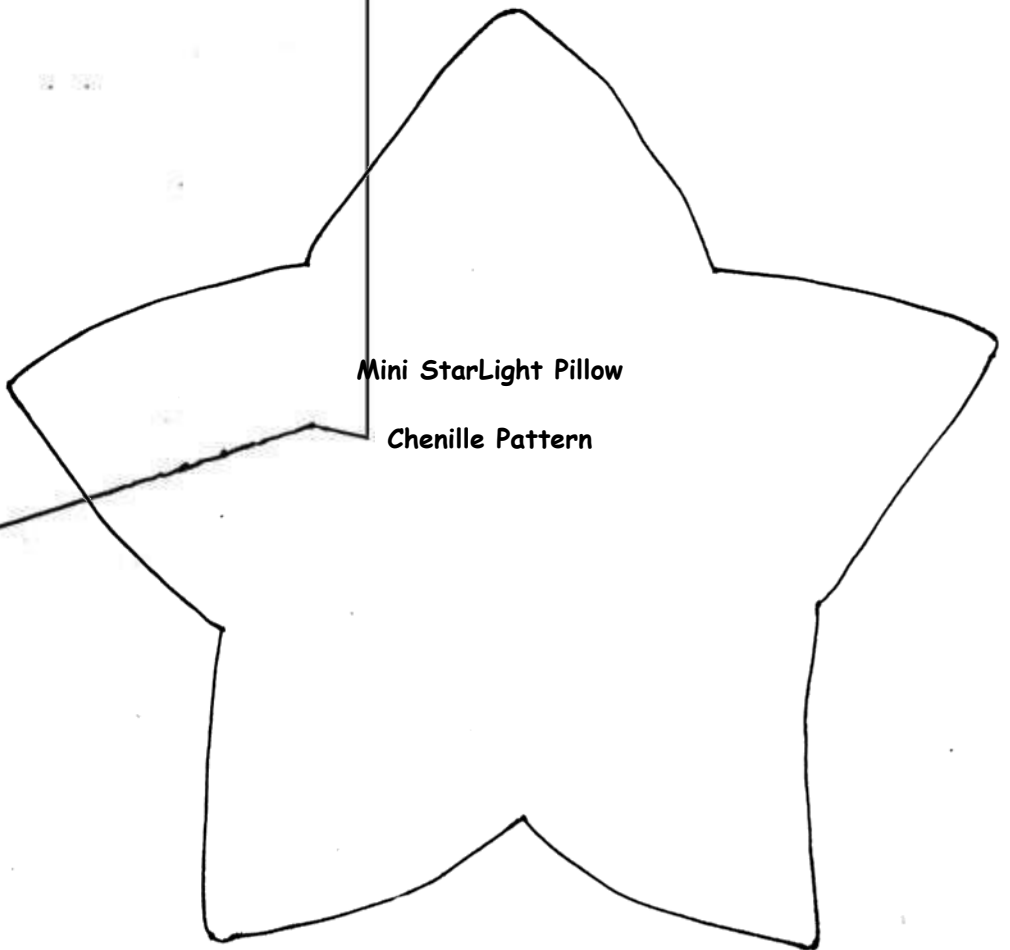
NOTE: If you don't have a rusty bell, use the rusting recipe and instructions given at the beginning of this E-Book.

Directions:

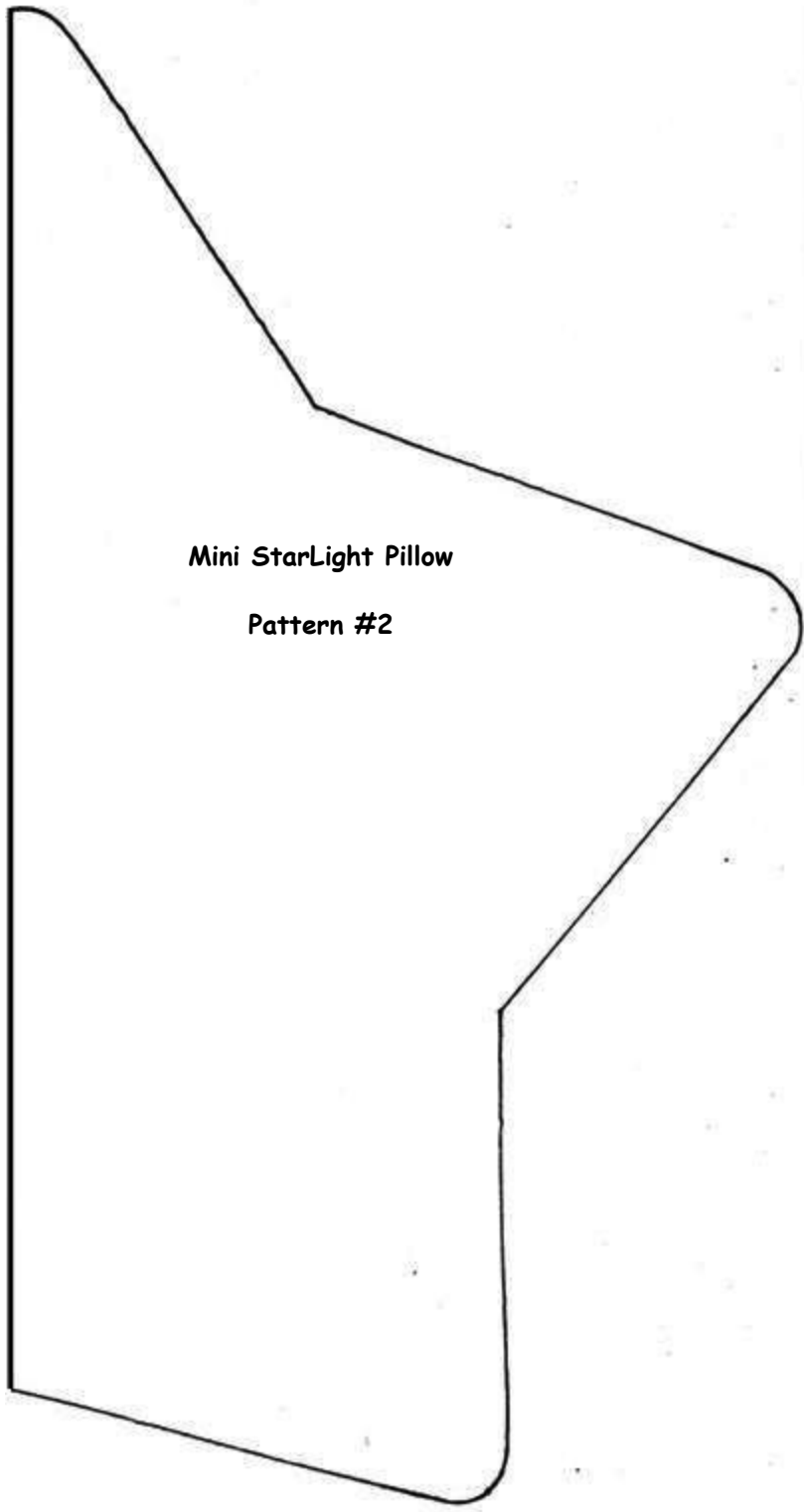
1. Print out star pattern #1 and #2 and tape together. On doubled material RIGHT side up, trace pattern. Sew on traced lines...do not leave an opening for turning. Cut out about 1/4 inch away from sewn lines with pinking shears.
2. Make cuts into outside edge of pillow, about 1/4 inch apart, all the way around. With fingernails, scrape along these cuts and fray out material.
3. In the center of the front, make a small slit for turning. Turn and press.
4. Stuff and sew opening shut.
5. Print and cut out chenille star pattern. On single layer chenille, pin the pattern (do not use Mark'b'Gone or disappearing fabric marking pen as these do not mix well with the chenille fabric). Cut out and using a running stitch, sew to center of star pillow completely covering the slit made for turning.
6. Sew large rusty bell to center; pull tightly when sewing it on to get the "pillow effect."



**Mini StarLight Pillow
Pattern #1**



**Mini StarLight Pillow
Chenille Pattern**



Mini StarLight Pillow

Pattern #2

Waxed Dipped Toilet Paper



The first picture is a roll of toilet paper just dipped and left as is. The second picture is the roll frosted with whipped wax to mimic the look of a frosted cake.

Supplies Needed:

Material or ribbon for bow

Wax

Double boiler or crock pot to melt wax

Fragrance oil

Large plastic spoon

Tongs

Old cookie sheet

Wax paper

For Frosted Cake: Mixer, cake spatula, plastic spatula, old plastic bowl for mixing, plate for display (if you want to frost your roll, and you will not want to use the same mixer you use for food. I bought an old mixer at a thrift store which is only used with my wax).

Directions:

1. Cut up your wax and melt in whatever you've elected to use. NEVER leave this unattended as wax can catch on fire.
2. When the wax has melted entirely, add your scent to your preference. The amount of scent really depends on how much wax you've used and what type of fragrance oil you're using. Put only a little in and take a whiff. If you cannot smell it, add some more until the scent is pleasing to you.
3. Place your roll of toilet paper in the wax. If you have enough melted to wax to completely submerge the roll...great; if not continuously turn and roll the toilet paper to cover all sides.

4. Scoop the toilet paper out of the wax with a pair of tongs and place on old cookie sheet lined with wax to dry. Dries pretty quickly.
5. Tie your material or ribbon around the roll and tie in a bow. Clip ends.

To Frost:

1. Scoop about 1 cup of wax into your mixing bowl.
2. Mix, mix, and mix. This takes a few minutes but just keep mixing...it will get there eventually. When your wax starts getting thick, stop mixing.
3. With your rubber spatula, frost the roll by scooping up some wax on your spatula and pressing it onto the roll; continue this until it's all covered...including the top.
4. Let cool.
5. With your cake spatula, gently cut off the excess wax on bottom part of whipped cake and move the whipped cake onto the plate you are going to display it on.
6. If you decide to tie a bow around this, be very careful you don't break off any of your frosting.

How yummy that looks...and smells so wonderful.

More Ideas:

1. Add glitter for a more festive look such as for the holidays.
2. Place an electric (or battery) electric candle inside.
3. Place the bottom of your roll inside a small wreath and decorate.
4. Place bottom of roll inside a small basket and scatter "fixins" all around bottom of roll.
5. Glue some flowers on top of roll.
6. If you are displaying this in your bathroom, stuff a matching (or contrasting) colored washcloth in the center of your waxed dipped roll of toilet paper and have it hanging out for a more decorative look.

Hints:

Activate or rejuvenate scent by:

- Placing in a steamy bathroom
- Displaying near heat vents
- Blow drying your roll of toilet paper being careful not to "melt" it.

Simplicity Stitchery



Supplies Needed:

Material: For pillow and muslin

Staining (see staining ingredients above at beginning of E-Book)

Embroidery floss: Blue, ecru (or to match muslin), and dark green

Colored pencils - blue watercolor pencil

Five pearl seed beads and beading needle

Stuffing

Light box or sunny window

Mechanical pencil

About 40 inches of a small rope

Acrylic paint to match pillow

NOTE: Stain all material, muslin, and rope, before beginning, with recipe and instructions given at the beginning of this E-Book.

Pillow:

1. Print and cut out pillow pattern. Trace on double material being sure to place on fold where indicated on pattern.
2. Sew on traced lines; do NOT leave an opening. Cut out about 1/4 inch away from sewn lines.
3. On center front, cut a small opening for turning. Clip curves and turn. Press.
4. Stuff firmly and sew opening shut.

Embroidery:

1. Print and cut out the "flower" embroidery pattern; trace on doubled muslin and cut out.
2. Tape the embroidery pattern to a sunny window or light box.
3. Place one layer of the muslin on top of the embroidery pattern and with your mechanical pencil trace the pattern.
4. Place the second layer of muslin underneath the first layer (with the embroidery pattern) and pin together.
5. Embroider the flowers with 2 strands of blue in a simple backstitch.
6. Embroider the stems with 2 strands of dark green in a simple backstitch.
7. Color in flowers with blue watercolor pencil.

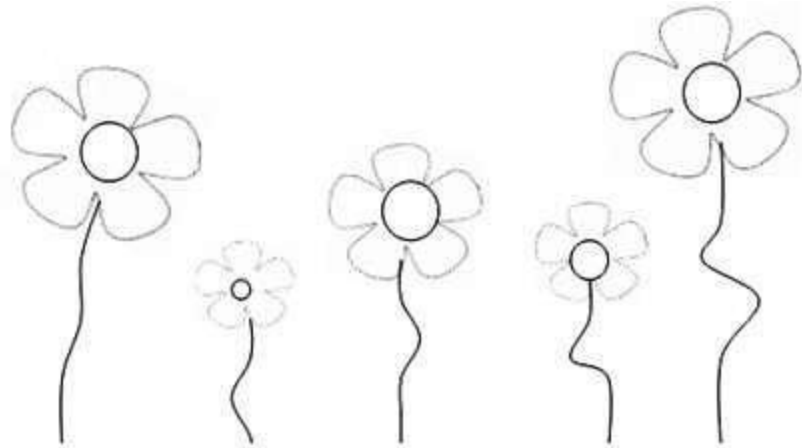
Trim:

1. Prepare your workspace for colorwashing with rags and newspapers. You may want to change into some old clothes. I always create an absolute mess when I'm colorwashing.
2. Combine even amounts of acrylic paint and staining.
3. Paint the rope and hang to dry.

Finish:

1. Center the embroidery on the pillow, over the opening used for stuffing, and anchor with straight pins.

2. Sew to pillow using a running stitch.
3. Beginning at the center bottom of the pillow, sew the rope to the pillow directly over the sewn seam. Sew it on completely around twice.
4. Pin rope completely around stitchery and pin. Sew on by hand.
5. Cut a 20 piece of colored rope and sew one end to right back of pillow and the other end to the left back of the pillow for hanger.



Simplicity Stitchery

Pillow Pattern

Place on Fold