

Simply Sarah

Approximately 12 inches tall

You Will Be A Needin':

Muslin
Scraps material for dresses and bloomers
Stuffing
Hair - Super chunky yarn doll hair, color; deep red. Bought at Sew Many Prims.com
Small heart button
Two 5/8 black matte buttons (bought at Sew ManyPrims.com)
Acrylic Paint: Black, brown, white, barn red
Embroidery thread: Country (barn) red, dark brown, to match dress
Small paintbrushes
Doll needle (3 or 5 inches long)
Mechanical pencil

For Staining:

Instant coffee, vanilla extract, fragrance oil (optional)

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Simply Sarah



By Brenda Greenwalt
of Lillie Mae's Crafts

Lillie Mae's Crafts

A Lillie Mae's Craft original design by Brenda Greenwalt

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(Approximately 12 inches tall)

Read through all directions before beginning.

Note: Stain all material, including the rope, before beginning. See recipe and instructions given at the end of these directions.

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Doll:

1. Print out all doll patterns, head/body, arm, and leg. Trace all on double muslin being sure to trace 2 arms and 2 legs. Sew on traced lines being sure to leave open where indicated on patterns. Cut out about $\frac{1}{4}$ inch away from sewn lines. Clip curves and turn all.
2. Stuff all firmly (arms and legs to stuffing line) and sew openings shut.
3. Attach arms and legs where indicated on pattern.

Facial Features:

1. Eyes: Pin buttons in place (with straight pins) where desired on face. Thread doll needle with black thread and going in from the top of her head (this will be covered with her hair), go down and sew on eyes. Take the thread back out the top of her head and tie off.
2. Eyebrows: Looking at the pattern, pencil in (with mechanical pencil) eyebrows. Thread doll needle with an extra long double strand of dark brown embroidery thread, enough to embroider her mouth too. Going in from the top of her head (this will be covered with her hair) go down and embroider the eyebrows with a simple backstitch. Continue to the next step - the mouth.
3. Mouth: In looking at the pattern, pencil in her mouth (with a mechanical pencil). After embroidering the eyebrows, go down and embroider the mouth with a simple backstitch. Take the thread back out the top of her head and tie off.
4. Nose: Print out nose pattern on card stock and pin in place where desired on head. Trace around this with mechanical pencil. Thread doll needle with double strand of red embroidery thread. Going in from the top of her head (this will be covered with her hair), go down and beginning at the bottom of her nose, embroider the nose using a satin stitch. Take the thread back out the top of her head and tie off.
5. Cheeks: Dip a medium size stencil brush lightly into barn red acrylic paint and pounce off most of it on paper towels. Lightly swirl on her cheeks.

Hair - Sarah:

1. Cut 3 generous pieces of the hair. With a wide-eyed needle, thread one piece of this hair and go into the 3 places on head as indicated on pattern. Take your needle all the way through the head, from front to back, and then take your needle back into the same hole

just made, front to back. Don't clip the ends, leave them hanging. This will create somewhat of a loop-hole so that you can thread the hair through each one and then pull the strands to tighten.

2. Cut 6 pieces of hair each 8 inches long and thread through all 3 loops; pull ends to tighten. Continue this all the way around through each of the 9 places indicated on the head pattern.
3. Trim.
4. Cut a small piece of contrasting material and tie around each pigtail for a bow.

Dress:

1. Print off bodice and skirt patterns.
2. Bodice: Place pattern on doubled material being sure to place on fold as indicated on pattern. Pin and trace around. Cut out. Need 2 of these.
3. Skirt: Place skirt pattern on doubled material being sure to place on fold where indicated on pattern. Cut out. Need 2 of these.
4. Sew a gathering stitch about $\frac{1}{4}$ inch down from top of each skirt pattern; pull to gather. Match these to bottom of both sides of bodice; pin and stitch in place.
5. Pin sides and underarms and stitch seams closed using $\frac{1}{4}$ inch seam allowance.
6. Clip into the very bottom of the dress and tear a small strand off. This will give the hem of the dress a frayed (old-timey) look.
7. Turn sleeves under $\frac{1}{4}$ inch and hand stitch with a gathering stitch; pull to gather.
8. Place dress on doll. Gather a bit of material, on both sides of the neck, trying to make both sides even, turn neck under, and tack down material gathered.
(NOTE: If you have trouble getting the dress over the doll's head, make a small cut in the material at center top back. Once the dress is on the doll then, gather both sides together, turn under and tack down.)

Apron:

1. Print and cut out apron pattern. Trace pattern on double layer muslin; cut out.
2. Print out "appliqué" patterns for the apron; trace these on contrasting material and cut out. Position these where desired on apron and sew on with matching embroidery thread.
3. With ecru embroidery thread, sew a gathering stitch across entire apron, about 1/4 inch from top.
4. Place apron on doll, pull gathering stitch in back and tie.

Bloomers:

1. Print out bloomers pattern. Trace on double white material being sure to place on fold where indicated on pattern; cut out.
2. With right sides together, sew side seams as indicated by dashed lines on pattern.
3. Turn leg openings up $\frac{1}{4}$ inch and hand sew with a small running stitch.
4. With white embroidery floss, hand sew a gathering stitch completely around the waist of the bloomers; pull to gather and tie in a bow in front.

Staining Instructions:

Supplies Needed:

Instant coffee

Vanilla extract

Fragrance oil (optional, Cinnabun is one of my favorites)

Old cookie sheet

Small spray bottle or sponge brush

Funnel (if using a spray bottle)

1. Mix together in glass jar with lid - $\frac{1}{4}$ cup instant coffee, 2 cups hot water and $\frac{1}{4}$ cup vanilla extract.
2. Add fragrance oil to your taste. (HINT: You may want to add just a little at first and add more if you desire. If you add too much to begin with it may be stronger than you prefer.)
3. Pour stain into spray bottle or apply with sponge brush.
4. Lay the item you are staining on cookie sheet. Spray front and back thoroughly or apply stain with sponge brush. Be sure to cover item completely with stain.
5. Bake in oven at 200 degrees for 10 minutes. If you need to bake longer, only bake at 5 minute increments.

NEVER LEAVE THIS UNATTENDED. THIS CAN CATCH ON FIRE. KEEP CHILDREN AND PETS AWAY. WATCH CLOSELY.

You're done with Simply Sarah. I hope you enjoyed making her as much as I enjoyed designing her. If you have any problems or questions, please don't hesitate to e-mail me or visit my "Stitch 'n' Stuff" page at <http://www.lilliemaescrafts.com>.

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